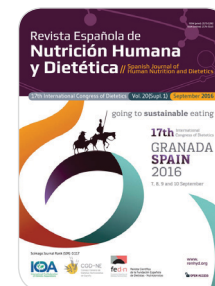


17th International Congress of Dietetics

Fundación Española
de Dietistas-Nutricionistas

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EDITORIAL

17th International Congress of Dietetics (ICD): going to sustainable eating

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Dear friends,

Welcome to the ICD Granada 2016.

8 years ago in Yokohama (Japan), we were elected by our colleagues to organize the XVII International Congress of Dietetics. In 2012, in the city of Sydney, we received the baton from the Dietitians Association of Australia.

“Going to sustainable eating” is the slogan for our ICD Granada 2016 Congress where everything revolves around the topic of sustainability.

In coherence with this, the Organizing Committee has declared the ICD 2016 a paperless congress, therefore the App ICD Granada 2016 has been developed. All the information about the program, speakers, abstracts, etc., is in the App, consequently the 2016 Granada ICD is intended to be a paperless congress.

The Congress has reached an extraordinary scope not just due to the number and quality of the presentations, but also to all the planned activities that are connected to the congress, among which it is worth to highlight the Film Premier “SustainablEating”.

The Dietitian is an essential professional to overcome the great challenges of global health, not only of individuals but also of the planet. Everything we do in our daily basis, leaves a footprint on the environment, which over time has endangered our wellbeing and planet welfare.

ICD Granada 2016 wants to contribute with knowledge and expertise of dietitians worldwide with the slogan Going to sustainable eating! to make it a reality. The ICD Granada 2016 approaches sustainability across five intervention areas that directly affect the professional practice of Dietitians:

1. Worldwide Impact of Dietetic Practicing. Dietitian-Nutritionist is key.

The dietitian-nutritionist as an active agent in our society who can influence decisively in the sustainability of the environment at all levels. Topics that will be discussed include: dietetic practice based on evidence, the role of dietitian-nutritionist, how the burden of chronic non-communicable diseases amongst the worldwide population could be cause and effect of some human, social, economic and environmental circumstances and what we need to do for sustaining effective health, social and productive systems.

2. Equity and Professional Ethics within the Dietetic Professional Practice.

Professional ethic is essential in training, practicing and developing dietetics; but these values along with equity must be transversal to our society in all areas, like health, education, economy, etc. We will focus in how dietitians could improve food and nutrition security, how they can participate in leading food production towards global health and their role in quality training as a basic for a solid ethical, equitable, responsible and sustainable professional practice.

3. Research, Development and Innovation in Dietetics.

The integration of dietitians-nutritionists into the new social, economical, cultural and health systems, and their mega-trends, is necessary so that their interventions on people are suitable and efficient. Dietetics R&D science and its application to professional practice helps dietitians-nutritionists to connect, in a sustainable and effective way, with their professional environment.

4. The power of dietitians-nutritionists to make a difference in Society.

Dietitians-nutritionists workforce can promote constructive changes, contributing to improve society through a regulated and qualified professional practice. We want to reflect about regulation of the dietitian-nutritionist's profession, dietetics as a cost-efficient tool for the Health System and the contribution of dietitian-nutritionist to achieve the "Millennium Challenges".

5. Multiculturalism of a Global Society.

Globalization is a reality that has permeated in all cultures and societies, but this is nothing new; civilizations, people and their cultures, rituals, customs and lifestyle have fused together for centuries making the world as we know it today. However, these unique adaptations have opposed to a sustainable development. Cultural exchange has been fruitful, but the loss of cultural memory could be an obstacle for sustainable environments. We will focus in food transition, the importance of proximity food production and in how consumer can act as catalyst of the eating changes towards the perception of protecting the planet.

On behalf of the Organizing Committee of ICD Granada 2016, the Boards of Directors of the ICDA, CGDN-E, and FEDN and on our own behalf, we thank you for participating in this great scientific event.

Please remember: everyone of us can change the world. Let us be an example of coherence: let us go towards a sustainable eating.

Giuseppe Russolillo
President ICD Granada 2016

Manuel Moñino
Chairman Scientific Program ICD Granada 2016

