

Rev Esp Nutr Hum Diet. 2021; 25(1):104-10  
doi: 10.14306/renhyd.25.1.1161

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## Revista Española de Nutrición Humana y Dietética

Spanish Journal of Human Nutrition and Dietetics

### ADDITIONAL MATERIALS

Soriano del Castillo JM, Sechi P, Boselli PM. BMI-BFMNU: A structural index linked to fat mass. Rev Esp Nutr Hum Diet. 2021; 25(1):104-10 doi: 10.14306/renhyd.25.1.1161

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**Table AM1.** Obtained parameters from studied male (n=52).

| Number | age | BMI               |      |      | Body Mass [kg] | Height h [m] | Surface h <sup>2</sup> [m <sup>2</sup> ] | real Surface [m <sup>2</sup> ] | Volume [dm <sup>3</sup> ] | Pseudo-spessore [cm] | BMI-         | BMI-        | -limits | BODY COMPOSITION [kg] |          |       |         | lipid limits |        |
|--------|-----|-------------------|------|------|----------------|--------------|--|--------------------------------|---------------------------|----------------------|--------------|-------------|---------|-----------------------|----------|-------|---------|--------------|--------|
|        |     | Mc/h <sup>2</sup> | min. | max  |                |              |  |                                |                           |                      | bfmnu        | BFMNU norma |         | lim. min              | lim. max | Water | Protein | Carbs        | Lipids |
| 1      | 5   | <b>14,1</b>       | 15,1 | 21,4 | 16,5           | 1,08         | 1,166                                    | 0,678                          | 17,355                    | 2,560                | <b>24,34</b> | 27,49       | 32,84   | 11,850                | 1,593    | 0,083 | 2,973   | 3,355        | 4,092  |
| 2      | 7   | <b>14,3</b>       | 15,0 | 21,3 | 18,0           | 1,12         | 1,254                                    | 0,643                          | 16,435                    | 2,556                | <b>27,99</b> | 29,64       | 35,86   | 13,462                | 1,504    | 0,079 | 2,955   | 3,335        | 0,070  |
| 3      | 7   | <b>15,1</b>       | 15,0 | 21,5 | 24,8           | 1,28         | 1,638                                    | 0,854                          | 23,732                    | 2,779                | <b>29,04</b> | 29,64       | 35,86   | 18,320                | 2,224    | 0,113 | 4,143   | 4,579        | 5,486  |
| 4      | 11  | <b>24,6</b>       | 15,7 | 22,5 | 53,2           | 1,47         | 2,161                                    | 1,398                          | 52,554                    | 3,759                | <b>38,05</b> | 32,04       | 39,24   | 35,583                | 5,380    | 0,245 | 11,992  | 11,395       | 13,423 |
| 5      | 12  | <b>30,5</b>       | 16,1 | 23,1 | 72,4           | 1,54         | 2,372                                    | 1,572                          | 67,791                    | 4,312                | <b>46,06</b> | 32,39       | 39,74   | 46,527                | 7,249    | 0,315 | 18,308  | 16,210       | 19,134 |
| 6      | 13  | <b>34,3</b>       | 17,1 | 24,5 | 95,6           | 1,67         | 2,789                                    | 1,986                          | 100,039                   | 5,037                | <b>48,14</b> | 32,69       | 40,15   | 54,827                | 11,666   | 0,464 | 28,644  | 23,574       | 27,962 |
| 7      | 13  | <b>33,2</b>       | 17,2 | 24,6 | 93,6           | 1,68         | 2,822                                    | 1,878                          | 89,107                    | 4,745                | <b>49,84</b> | 32,69       | 40,15   | 58,895                | 10,099   | 0,413 | 24,192  | 20,459       | 24,217 |
| 8      | 17  | <b>20,6</b>       | 17,3 | 24,9 | 59,5           | 1,70         | 2,890                                    | 1,593                          | 60,142                    | 3,775                | <b>37,35</b> | 33,41       | 41,17   | 40,769                | 6,293    | 0,280 | 12,158  | 11,256       | 13,578 |
| 9      | 17  | <b>18,4</b>       | 17,5 | 25,1 | 54,5           | 1,72         | 2,958                                    | 1,573                          | 59,417                    | 3,777                | <b>34,65</b> | 33,41       | 41,17   | 35,841                | 6,205    | 0,277 | 12,177  | 11,542       | 13,596 |
| 10     | 17  | <b>19,2</b>       | 18,5 | 26,6 | 63,6           | 1,82         | 3,312                                    | 1,834                          | 73,095                    | 3,986                | <b>34,68</b> | 33,41       | 41,17   | 40,915                | 7,933    | 0,340 | 14,412  | 13,281       | 15,653 |
| 11     | 18  | <b>17,5</b>       | 18,5 | 24,9 | 53,1           | 1,74         | 3,028                                    | 1,508                          | 54,371                    | 3,606                | <b>35,21</b> | 33,52       | 41,32   | 36,772                | 5,595    | 0,254 | 10,479  | 10,182       | 11,994 |
| 12     | 20  | <b>21,9</b>       | 18,5 | 24,9 | 62,6           | 1,69         | 2,856                                    | 1,742                          | 70,799                    | 4,064                | <b>35,94</b> | 33,68       | 41,54   | 39,329                | 7,635    | 0,329 | 15,306  | 13,963       | 16,462 |
| 13     | 22  | <b>20,0</b>       | 18,5 | 24,9 | 64,7           | 1,80         | 3,240                                    | 1,713                          | 69,596                    | 4,063                | <b>37,77</b> | 33,78       | 41,69   | 41,606                | 7,480    | 0,324 | 15,290  | 13,951       | 16,448 |
| 14     | 23  | <b>21,3</b>       | 18,5 | 24,9 | 72,0           | 1,84         | 3,386                                    | 1,921                          | 84,676                    | 4,408                | <b>37,48</b> | 33,82       | 41,75   | 42,587                | 9,484    | 0,393 | 19,536  | 17,111       | 20,210 |
| 15     | 24  | <b>22,8</b>       | 18,5 | 24,9 | 62,9           | 1,66         | 2,756                                    | 1,693                          | 70,609                    | 4,171                | <b>37,15</b> | 33,85       | 41,80   | 38,401                | 7,610    | 0,328 | 16,560  | 14,909       | 17,586 |
| 16     | 25  | <b>41,2</b>       | 18,5 | 24,9 | 119,2          | 1,70         | 2,890                                    | 2,262                          | 121,707                   | 5,381                | <b>52,70</b> | 33,88       | 41,83   | 69,299                | 14,984   | 0,563 | 34,354  | 27,481       | 32,676 |
| 17     | 25  | <b>33,8</b>       | 18,5 | 24,9 | 97,8           | 1,70         | 2,890                                    | 1,986                          | 101,429                   | 5,107                | <b>49,24</b> | 33,88       | 41,83   | 55,694                | 11,870   | 0,470 | 29,765  | 24,349       | 28,896 |
| 18     | 25  | <b>36,3</b>       | 18,5 | 24,9 | 117,5          | 1,80         | 3,240                                    | 2,201                          | 115,590                   | 5,252                | <b>53,38</b> | 33,88       | 41,83   | 70,796                | 14,018   | 0,535 | 32,150  | 25,984       | 30,867 |
| 19     | 25  | <b>22,8</b>       | 18,5 | 24,9 | 74,0           | 1,80         | 3,240                                    | 1,778                          | 70,294                    | 3,954                | <b>41,62</b> | 33,88       | 41,83   | 52,047                | 7,570    | 0,327 | 14,056  | 13,007       | 15,328 |
| 20     | 25  | <b>21,5</b>       | 18,5 | 24,9 | 75,2           | 1,87         | 3,497                                    | 1,888                          | 78,349                    | 4,150                | <b>39,83</b> | 33,88       | 41,83   | 49,899                | 8,627    | 0,364 | 16,311  | 14,722       | 17,364 |
| 21     | 26  | <b>20,3</b>       | 18,5 | 24,9 | 56,0           | 1,66         | 2,756                                    | 1,539                          | 60,388                    | 3,924                | <b>36,39</b> | 33,90       | 41,86   | 35,665                | 6,324    | 0,281 | 13,730  | 12,755       | 15,030 |
| 22     | 26  | <b>28,9</b>       | 18,5 | 24,9 | 101,0          | 1,87         | 3,497                                    | 2,330                          | 115,125                   | 4,941                | <b>43,35</b> | 33,90       | 41,86   | 59,384                | 13,946   | 0,533 | 27,137  | 22,528       | 26,703 |
| 23     | 27  | <b>22,1</b>       | 18,5 | 24,9 | 62,4           | 1,68         | 2,822                                    | 1,629                          | 66,401                    | 4,076                | <b>38,31</b> | 33,92       | 41,89   | 39,573                | 7,073    | 0,309 | 15,445  | 14,068       | 16,587 |
| 24     | 27  | <b>30,0</b>       | 18,5 | 24,9 | 95,0           | 1,78         | 3,168                                    | 2,140                          | 105,185                   | 4,915                | <b>44,39</b> | 33,92       | 41,89   | 55,344                | 12,428   | 0,487 | 26,740  | 22,250       | 26,369 |
| 25     | 28  | <b>28,2</b>       | 18,5 | 24,9 | 90,4           | 1,79         | 3,204                                    | 1,991                          | 95,110                    | 4,777                | <b>45,40</b> | 33,93       | 41,91   | 54,344                | 10,950   | 0,441 | 24,664  | 20,792       | 24,618 |
| 26     | 28  | <b>23,7</b>       | 18,5 | 24,9 | 75,8           | 1,79         | 3,204                                    | 2,029                          | 82,410                    | 4,062                | <b>37,36</b> | 33,93       | 41,91   | 50,967                | 9,174    | 0,383 | 15,276  | 13,940       | 16,435 |
| 27     | 29  | <b>20,9</b>       | 18,5 | 24,9 | 76,4           | 1,91         | 3,648                                    | 1,939                          | 80,380                    | 4,145                | <b>39,40</b> | 33,95       | 41,92   | 50,869                | 8,899    | 0,373 | 16,258  | 14,683       | 17,317 |
| 28     | 30  | <b>30,7</b>       | 18,5 | 24,9 | 96,2           | 1,77         | 3,133                                    | 2,041                          | 100,495                   | 4,924                | <b>47,13</b> | 33,96       | 41,94   | 57,129                | 11,733   | 0,466 | 26,872  | 22,343       | 26,481 |
| 29     | 31  | <b>20,4</b>       | 18,5 | 24,9 | 64,0           | 1,77         | 3,133                                    | 1,567                          | 61,199                    | 3,905                | <b>40,84</b> | 33,96       | 41,95   | 43,762                | 6,423    | 0,285 | 13,530  | 12,600       | 14,847 |
| 30     | 31  | <b>28,2</b>       | 18,5 | 24,9 | 81,4           | 1,70         | 2,890                                    | 1,916                          | 89,509                    | 4,672                | <b>42,48</b> | 33,96       | 41,95   | 47,691                | 10,155   | 0,415 | 23,139  | 19,710       | 23,319 |
| 31     | 31  | <b>26,9</b>       | 18,5 | 24,9 | 96,2           | 1,89         | 3,572                                    | 2,213                          | 103,553                   | 4,679                | <b>43,47</b> | 33,96       | 41,95   | 60,288                | 12,185   | 0,480 | 23,248  | 19,788       | 23,413 |
| 32     | 32  | <b>24,7</b>       | 18,5 | 24,9 | 80,0           | 1,80         | 3,240                                    | 2,046                          | 86,952                    | 4,250                | <b>39,10</b> | 33,97       | 41,96   | 52,272                | 9,798    | 0,404 | 17,526  | 15,630       | 18,444 |
| 33     | 32  | <b>19,4</b>       | 18,5 | 24,9 | 68,6           | 1,88         | 3,534                                    | 1,663                          | 65,318                    | 3,928                | <b>41,25</b> | 33,97       | 41,96   | 47,588                | 6,936    | 0,304 | 13,772  | 12,788       | 15,069 |
| 34     | 32  | <b>21,8</b>       | 18,5 | 24,9 | 68,3           | 1,77         | 3,133                                    | 1,948                          | 82,788                    | 4,250                | <b>35,06</b> | 33,97       | 41,96   | 41,164                | 9,226    | 0,384 | 17,526  | 15,631       | 18,445 |
| 35     | 35  | <b>30,5</b>       | 18,5 | 24,9 | 105,6          | 1,86         | 3,460                                    | 2,376                          | 120,558                   | 5,074                | <b>44,44</b> | 33,98       | 41,98   | 61,011                | 14,801   | 0,558 | 29,230  | 23,980       | 28,451 |
| 36     | 39  | <b>35,8</b>       | 18,5 | 24,9 | 112,2          | 1,77         | 3,133                                    | 2,139                          | 111,665                   | 5,220                | <b>52,45</b> | 33,99       | 41,99   | 66,646                | 13,411   | 0,517 | 31,626  | 25,626       | 30,435 |
| 37     | 45  | <b>44,6</b>       | 18,5 | 24,9 | 117,1          | 1,62         | 2,624                                    | 2,464                          | 125,716                   | 5,102                | <b>47,52</b> | 34,00       | 42,00   | 71,207                | 15,628   | 0,582 | 29,683  | 24,292       | 28,827 |
| 38     | 45  | <b>32,8</b>       | 18,5 | 24,9 | 86,2           | 1,62         | 2,624                                    | 2,165                          | 90,526                    | 4,181                | <b>39,82</b> | 34,00       | 42,00   | 58,793                | 10,298   | 0,420 | 16,689  | 15,006       | 17,701 |
| 39     | 46  | <b>45,3</b>       | 18,5 | 24,9 | 110,2          | 1,56         | 2,434                                    | 2,315                          | 126,984                   | 5,485                | <b>47,60</b> | 34,00       | 42,00   | 57,577                | 15,834   | 0,588 | 36,201  | 28,727       | 34,183 |
| 40     | 47  | <b>28,1</b>       | 18,5 | 24,9 | 93,0           | 1,82         | 3,312                                    | 1,888                          | 89,708                    | 4,751                | <b>49,26</b> | 34,00       | 42,00   | 58,111                | 10,183   | 0,416 | 24,290  | 20,228       | 24,300 |
| 41     | 51  | <b>38,0</b>       | 18,5 | 24,9 | 127,4          | 1,83         | 3,349                                    | 2,303                          | 126,221                   | 5,481                | <b>55,32</b> | 34,00       | 42,00   | 74,985                | 15,710   | 0,584 | 36,120  | 28,672       | 34,117 |
| 42     | 52  | <b>24,5</b>       | 18,5 | 24,9 | 84,0           | 1,85         | 3,423                                    | 1,975                          | 87,020                    | 4,406                | <b>42,53</b> | 34,00       | 42,00   | 54,276                | 9,808    | 0,404 | 19,512  | 17,094       | 20,190 |
| 43     | 52  | <b>26,2</b>       | 18,5 | 24,9 | 74,8           | 1,69         | 2,856                                    | 1,771                          | 76,832                    | 4,338                | <b>42,24</b> | 34,00       | 42,00   | 47,381                | 8,425    | 0,357 | 18,638  | 16,452       | 19,424 |
| 44     | 53  | <b>54,6</b>       | 18,5 | 25,0 | 187,7          | 1,83         | 3,349                                    | 2,915                          | 196,864                   | 6,753                | <b>67,53</b> | 34,00       | 42,00   | 95,693                | 28,675   | 0,909 | 62,423  | 45,786       | 54,940 |
| 45     | 54  | <b>26,3</b>       | 18,5 | 24,9 | 77,8           | 1,72         | 2,958                                    | 1,693                          | 71,181                    | 4,204                | <b>45,95</b> | 34,00       | 42,00   | 52,816                | 7,684    | 0,331 | 16,968  | 15,215       | 17,250 |
| 46     | 57  | <b>32,6</b>       | 18,5 | 24,9 | 94,2           | 1,70         | 2,890                                    | 1,983                          | 99,582                    | 5,022                | <b>47,50</b> | 34,00       | 42,00   | 53,740                | 11,599   | 0,462 | 28,399  | 23,405       | 27,759 |
| 47     | 58  | <b>34,4</b>       | 18,5 | 24,9 | 93,6           | 1,65         | 2,723                                    | 1,861                          | 90,239                    | 4,849                | <b>50,30</b> | 34,00       | 42,00   | 57,189                | 10,258   | 0,419 | 25,734  | 21,546       | 25,523 |
| 48     | 59  | <b>36,5</b>       | 18,5 | 24,9 | 115,5          | 1,78         | 3,168                                    | 2,170                          | 117,770                   | 5,427                | <b>53,23</b> | 34,00       | 42,00   | 65,424                | 14,360   | 0,545 | 35,171  | 28,033       | 33,343 |
| 49     | 62  | <b>31,8</b>       | 18,5 | 24,9 | 106,6          | 1,83         | 3,349                                    | 2,022                          | 97,196                    | 4,807                | <b>52,72</b> | 34,00       | 42,00   | 69,792                | 11,251   | 0,451 | 25,106  | 21,104       | 24,992 |
| 50     | 63  | <b>28,2</b>       | 18,5 | 24,9 | 83,5           | 1,72         | 2,958                                    | 2,111                          | 101,281                   | 4,798                | <b>39,55</b> | 34,00       | 42,00   | 46,211                | 11,848   | 0,469 | 24,971  | 21,009       | 24,877 |
| 51     | 65  | <b>32,2</b>       | 18,5 | 24,9 | 93,0           | 1,70         | 2,890                                    | 2,000                          | 94,491                    | 4,725                | <b>46,50</b> | 34,00       | 42,00   | 57,802                | 10,861   | 0,438 | 23,899  | 20,250       | 23,967 |
| 52     | 73  | <b>31,6</b>       | 18,5 | 24,9 | 78,9           | 1,58         | 2,496                                    | 1,845                          | 85,060                    | 4,610                | <b>42,76</b> | 34,00       | 42,00   | 46,695                | 9,537    | 0,395 | 22,273  | 19,091       | 22,578 |

**Table AM2.** Obtained parameters from studied female (n=56).

| Number | age | BMI               |      |      | Body Mass [kg] | Height h [m] | Surface h <sup>2</sup> [m <sup>2</sup> ] | real Surface [m <sup>2</sup> ] | Volume [dm <sup>3</sup> ] | Pseudo-spessore [cm] | BMI-        | BMI-        | BODY COMPOSITION [kg] |          |         |       | lipid limits |          |          |
|--------|-----|-------------------|------|------|----------------|--------------|--|--------------------------------|---------------------------|----------------------|-------------|-------------|-----------------------|----------|---------|-------|--------------|----------|----------|
|        |     | Mc/h <sup>2</sup> | min. | max  |                |              |  |                                |                           |                      | bfnmu       | BFMNU norma | -limits               | Water    | Protein | Carbs | Lipids       | min [kg] | max [kg] |
|        |     |                   |      |      |                |              |  |                                |                           |                      | lim. min    | lim. max    | lim. min              | lim. max |         |       |              |          |          |
| 1      | 0   | <b>12,1</b>       |      |      | 3,4            | 0,53         | 0,281                                    | 0,189                          | 3,442                     | 1,821                | <b>18,0</b> | 16,30       | 17,10                 | 2,476    | 0,302   | 0,019 | 0,603        | 0,038    | 0,425    |
| 2      | 2   | <b>15,9</b>       |      |      | 9,9            | 0,79         | 0,624                                    | 0,447                          | 10,768                    | 2,409                | <b>22,1</b> | 22,14       | 25,31                 | 6,588    | 0,967   | 0,053 | 2,292        | 2,577    | 3,215    |
| 3      | 6   | <b>21,9</b>       | 15,0 | 21,3 | 33,2           | 1,23         | 1,513                                    | 1,221                          | 42,211                    | 3,457                | <b>27,2</b> | 28,67       | 34,50                 | 19,695   | 4,190   | 0,198 | 9,117        | 9,061    | 10,679   |
| 4      | 6   | <b>21,9</b>       | 15,1 | 21,5 | 37,0           | 1,30         | 1,690                                    | 1,080                          | 35,687                    | 3,304                | <b>34,3</b> | 28,67       | 34,50                 | 25,541   | 3,473   | 0,168 | 7,819        | 7,960    | 9,393    |
| 5      | 7   | <b>22,9</b>       | 15,0 | 21,3 | 34,6           | 1,23         | 1,513                                    | 1,020                          | 33,982                    | 3,332                | <b>33,9</b> | 29,64       | 35,86                 | 23,108   | 3,289   | 0,160 | 8,042        | 8,152    | 9,617    |
| 6      | 8   | <b>18,8</b>       | 15,3 | 21,8 | 34,8           | 1,36         | 1,850                                    | 1,062                          | 34,878                    | 3,284                | <b>32,8</b> | 30,43       | 36,97                 | 23,596   | 3,385   | 0,164 | 7,655        | 7,819    | 9,228    |
| 7      | 10  | <b>24,0</b>       | 15,4 | 22,0 | 47,0           | 1,40         | 1,960                                    | 1,248                          | 46,194                    | 3,701                | <b>37,7</b> | 31,60       | 38,63                 | 30,732   | 4,641   | 0,216 | 11,411       | 10,933   | 12,878   |
| 8      | 13  | <b>25,1</b>       | 17,1 | 24,6 | 70,4           | 1,68         | 2,806                                    | 1,721                          | 69,437                    | 4,035                | <b>40,9</b> | 32,69       | 40,15                 | 47,650   | 7,460   | 0,323 | 14,967       | 13,705   | 16,156   |
| 9      | 13  | <b>22,9</b>       | 17,3 | 24,9 | 66,2           | 1,70         | 2,890                                    | 1,653                          | 63,371                    | 3,834                | <b>40,0</b> | 32,69       | 40,15                 | 46,449   | 6,693   | 0,295 | 12,763       | 12,003   | 14,141   |
| 10     | 13  | <b>26,4</b>       | 16,0 | 22,9 | 61,1           | 1,52         | 2,310                                    | 1,708                          | 70,250                    | 4,113                | <b>35,8</b> | 32,69       | 40,15                 | 37,335   | 7,564   | 0,327 | 15,875       | 14,394   | 16,973   |
| 11     | 13  | <b>22,7</b>       | 16,6 | 23,8 | 58,8           | 1,61         | 2,592                                    | 1,674                          | 67,187                    | 4,014                | <b>35,1</b> | 32,69       | 40,15                 | 36,588   | 7,173   | 0,313 | 14,727       | 13,522   | 15,939   |
| 12     | 14  | <b>15,3</b>       | 17,1 | 24,5 | 42,6           | 1,67         | 2,789                                    | 1,315                          | 43,137                    | 3,280                | <b>32,4</b> | 32,92       | 40,49                 | 30,480   | 4,294   | 0,202 | 7,624        | 7,792    | 9,197    |
| 13     | 14  | <b>18,0</b>       | 17,1 | 24,5 | 50,3           | 1,67         | 2,789                                    | 1,380                          | 47,537                    | 3,445                | <b>36,4</b> | 32,92       | 40,49                 | 36,275   | 4,795   | 0,222 | 9,008        | 8,970    | 10,573   |
| 14     | 15  | <b>16,6</b>       | 16,5 | 23,7 | 42,5           | 1,60         | 2,560                                    | 1,295                          | 44,267                    | 3,418                | <b>32,8</b> | 33,12       | 40,76                 | 29,094   | 4,421   | 0,207 | 8,778        | 8,776    | 10,346   |
| 15     | 17  | <b>20,3</b>       | 16,6 | 23,8 | 52,7           | 1,61         | 2,592                                    | 1,458                          | 53,947                    | 3,700                | <b>36,1</b> | 33,41       | 41,17                 | 35,506   | 5,545   | 0,252 | 11,397       | 10,922   | 12,865   |
| 16     | 17  | <b>19,9</b>       | 16,2 | 23,2 | 47,9           | 1,55         | 2,403                                    | 1,358                          | 47,878                    | 3,526                | <b>35,3</b> | 33,41       | 41,17                 | 33,108   | 4,834   | 0,224 | 9,734        | 9,572    | 11,279   |
| 17     | 17  | <b>29,6</b>       | 15,1 | 21,6 | 51,5           | 1,32         | 1,742                                    | 1,437                          | 53,411                    | 3,717                | <b>35,8</b> | 33,41       | 41,17                 | 34,205   | 5,481   | 0,249 | 11,565       | 11,055   | 13,023   |
| 18     | 18  | <b>12,3</b>       | 17,1 | 24,5 | 34,2           | 1,67         | 2,789                                    | 1,195                          | 34,021                    | 2,847                | <b>28,6</b> | 33,52       | 41,32                 | 26,197   | 3,293   | 0,160 | 4,550        | 4,982    | 5,946    |
| 19     | 19  | <b>14,5</b>       | 17,1 | 24,5 | 40,4           | 1,67         | 2,789                                    | 1,302                          | 40,575                    | 3,116                | <b>31,0</b> | 33,60       | 41,44                 | 29,840   | 4,008   | 0,190 | 6,363        | 6,678    | 7,903    |
| 20     | 19  | <b>23,0</b>       | 16,8 | 24,0 | 61,0           | 1,63         | 2,657                                    | 1,618                          | 64,061                    | 3,959                | <b>37,7</b> | 33,60       | 41,44                 | 39,804   | 6,779   | 0,298 | 14,119       | 13,056   | 15,386   |
| 21     | 19  | <b>19,5</b>       | 16,9 | 24,2 | 53,0           | 1,65         | 2,723                                    | 1,488                          | 53,774                    | 3,614                | <b>35,6</b> | 33,60       | 41,44                 | 36,666   | 5,524   | 0,251 | 10,558       | 10,246   | 12,070   |
| 22     | 19  | <b>19,0</b>       | 17,3 | 24,9 | 54,8           | 1,70         | 2,890                                    | 1,611                          | 62,846                    | 3,901                | <b>34,0</b> | 33,60       | 41,44                 | 34,398   | 6,627   | 0,293 | 13,482       | 12,563   | 14,803   |
| 23     | 20  | <b>21,0</b>       | 18,5 | 25,0 | 56,4           | 1,64         | 2,690                                    | 1,556                          | 59,884                    | 3,849                | <b>36,2</b> | 33,68       | 41,54                 | 36,939   | 6,262   | 0,279 | 12,920       | 12,126   | 14,286   |
| 24     | 21  | <b>20,7</b>       | 18,5 | 25,0 | 61,2           | 1,72         | 2,958                                    | 1,579                          | 61,019                    | 3,864                | <b>38,8</b> | 33,73       | 41,63                 | 41,426   | 6,401   | 0,284 | 13,088       | 12,257   | 14,441   |
| 25     | 21  | <b>20,4</b>       | 18,5 | 25,0 | 54,1           | 1,63         | 2,657                                    | 1,488                          | 56,216                    | 3,778                | <b>36,4</b> | 33,73       | 41,63                 | 35,838   | 5,816   | 0,262 | 12,184       | 11,547   | 13,602   |
| 26     | 22  | <b>17,9</b>       | 18,5 | 25,0 | 49,2           | 1,66         | 2,756                                    | 1,488                          | 54,709                    | 3,677                | <b>33,1</b> | 33,78       | 41,69                 | 32,142   | 5,636   | 0,255 | 11,167       | 10,737   | 12,647   |
| 27     | 24  | <b>20,0</b>       | 18,5 | 25,0 | 51,1           | 1,60         | 2,560                                    | 1,474                          | 54,014                    | 3,664                | <b>34,7</b> | 33,85       | 41,80                 | 34,248   | 5,553   | 0,252 | 11,047       | 10,641   | 12,534   |
| 28     | 24  | <b>30,6</b>       | 18,5 | 25,0 | 90,6           | 1,72         | 2,958                                    | 1,823                          | 80,704                    | 4,427                | <b>49,7</b> | 33,85       | 41,80                 | 61,496   | 8,943   | 0,375 | 19,787       | 17,294   | 20,429   |
| 29     | 25  | <b>19,1</b>       | 18,5 | 25,0 | 47,8           | 1,58         | 2,496                                    | 1,326                          | 46,323                    | 3,493                | <b>36,0</b> | 33,88       | 41,83                 | 33,486   | 4,655   | 0,217 | 9,442        | 9,331    | 10,996   |
| 30     | 25  | <b>19,9</b>       | 18,5 | 25,0 | 44,1           | 1,49         | 2,220                                    | 1,257                          | 42,863                    | 3,410                | <b>35,1</b> | 33,88       | 41,83                 | 30,931   | 4,263   | 0,201 | 8,705        | 8,715    | 10,275   |
| 31     | 27  | <b>20,9</b>       | 18,5 | 25,0 | 57,0           | 1,65         | 2,723                                    | 1,478                          | 56,172                    | 3,801                | <b>38,6</b> | 33,92       | 41,89                 | 38,510   | 5,811   | 0,262 | 12,417       | 11,731   | 13,819   |
| 32     | 28  | <b>18,7</b>       | 18,5 | 25,0 | 53,4           | 1,69         | 2,856                                    | 1,558                          | 58,017                    | 3,724                | <b>34,3</b> | 33,93       | 41,91                 | 35,461   | 6,034   | 0,270 | 11,634       | 11,111   | 13,088   |
| 33     | 29  | <b>16,9</b>       | 18,5 | 25,0 | 50,0           | 1,72         | 2,958                                    | 1,537                          | 54,801                    | 3,565                | <b>32,5</b> | 33,95       | 41,92                 | 33,996   | 5,647   | 0,256 | 10,102       | 9,874    | 11,633   |
| 34     | 29  | <b>19,1</b>       | 18,5 | 25,0 | 56,5           | 1,72         | 2,958                                    | 1,586                          | 57,554                    | 3,629                | <b>35,6</b> | 33,95       | 41,92                 | 39,552   | 5,978   | 0,268 | 10,702       | 10,363   | 12,207   |
| 35     | 32  | <b>20,3</b>       | 18,5 | 25,0 | 58,0           | 1,69         | 2,856                                    | 1,502                          | 52,406                    | 3,489                | <b>38,6</b> | 33,97       | 41,96                 | 42,990   | 5,362   | 0,245 | 9,403        | 9,298    | 10,957   |
| 36     | 33  | <b>25,3</b>       | 18,5 | 25,0 | 60,8           | 1,55         | 2,403                                    | 1,505                          | 55,111                    | 3,662                | <b>40,4</b> | 33,98       | 41,97                 | 43,838   | 5,684   | 0,257 | 11,022       | 10,620   | 12,510   |
| 37     | 35  | <b>30,3</b>       | 18,5 | 25,0 | 84,5           | 1,67         | 2,789                                    | 2,191                          | 90,370                    | 4,125                | <b>38,6</b> | 33,98       | 41,98                 | 57,793   | 10,276  | 0,419 | 16,011       | 14,497   | 17,096   |
| 38     | 35  | <b>24,3</b>       | 18,5 | 25,0 | 67,8           | 1,67         | 2,789                                    | 1,732                          | 70,665                    | 4,080                | <b>39,1</b> | 33,98       | 41,98                 | 44,365   | 7,618   | 0,329 | 15,488       | 14,102   | 16,627   |
| 39     | 36  | <b>20,1</b>       | 18,5 | 25,0 | 58,2           | 1,70         | 2,890                                    | 1,662                          | 62,965                    | 3,789                | <b>35,0</b> | 33,99       | 41,98                 | 38,972   | 6,642   | 0,293 | 12,292       | 11,633   | 13,703   |
| 40     | 36  | <b>34,7</b>       | 18,5 | 25,0 | 101,6          | 1,71         | 2,924                                    | 1,958                          | 94,650                    | 4,834                | <b>51,9</b> | 33,99       | 41,98                 | 64,766   | 10,884  | 0,439 | 25,510       | 21,389   | 25,334   |
| 41     | 37  | <b>35,9</b>       | 18,5 | 25,0 | 92,0           | 1,60         | 2,560                                    | 1,899                          | 91,515                    | 4,819                | <b>48,4</b> | 33,99       | 41,98                 | 55,850   | 10,438  | 0,425 | 25,288       | 21,232   | 25,146   |
| 42     | 37  | <b>28,8</b>       | 18,5 | 25,0 | 73,8           | 1,60         | 2,560                                    | 1,927                          | 73,165                    | 3,797                | <b>38,3</b> | 33,99       | 41,98                 | 53,139   | 7,942   | 0,340 | 12,379       | 11,701   | 13,784   |
| 43     | 42  | <b>28,2</b>       | 18,5 | 25,0 | 70,4           | 1,58         | 2,496                                    | 1,640                          | 70,041                    | 4,271                | <b>42,9</b> | 34,00       | 41,99                 | 44,751   | 7,537   | 0,326 | 17,786       | 15,823   | 18,674   |
| 44     | 43  | <b>36,7</b>       | 18,5 | 25,0 | 115,0          | 1,77         | 3,133                                    | 2,219                          | 115,796                   | 5,218                | <b>51,8</b> | 34,00       | 42,00                 | 68,821   | 14,051  | 0,536 | 31,592       | 25,602   | 30,407   |
| 45     | 44  | <b>16,1</b>       | 18,5 | 25,0 | 50,0           | 1,76         | 3,098                                    | 1,626                          | 59,769                    | 3,676                | <b>30,8</b> | 34,00       | 42,00                 | 32,316   | 6,248   | 0,279 | 11,158       | 10,730   | 12,640   |
| 46     | 44  | <b>25,2</b>       | 18,5 | 25,0 | 71,2           | 1,68         | 2,822                                    | 1,652                          | 66,517                    | 4,026                | <b>43,1</b> | 34,00       | 42,00                 | 48,929   | 7,088   | 0,310 | 14,873       | 13,634   | 16,071   |
| 47     | 44  | <b>29,9</b>       | 18,5 | 25,0 | 73,8           | 1,57         | 2,465                                    | 1,731                          | 70,459                    | 4,070                | <b>42,6</b> | 34,00       | 42,00                 | 50,503   | 7,591   | 0,328 | 15,378       | 14,018   | 16,527   |
| 48     | 44  | <b>26,6</b>       | 18,5 | 25,0 | 77,0           | 1,70         | 2,890                                    | 1,694                          | 69,249                    | 4,088                | <b>45,5</b> | 34,00       | 42,00                 | 53,662   | 7,436   | 0,322 | 15,581       | 14,172   | 16,710   |
| 49     | 45  | <b>18,5</b>       | 18,5 | 25,0 | 46,2           | 1,58         | 2,496                                    | 1,381                          | 46,578                    | 3,373                | <b>33,5</b> | 34,00       | 42,00                 | 32,910   | 4,685   | 0,218 | 8,388        | 8,447    | 9,961    |
| 50     | 45  | <b>19,2</b>       | 18,5 | 25,0 | 48,0           | 1,58         | 2,496                                    | 1,457                          | 52,158                    | 3,580                | <b>32,9</b> | 34,00       | 42,00                 | 32,187   | 5,333   | 0,244 | 10,236       | 9,984    | 11,762   |
| 51     | 45  | <b>26,6</b>       | 18,5 | 25,0 | 68,0           | 1,60         | 2,560                                    | 1,679                          | 65,668                    | 3,911                | <b>40,5</b> | 34,00       | 42,00                 | 47,123   | 6,981   | 0,306 | 13,591       | 12,648   | 14,903   |
| 52     | 49  | <b>48,7</b>       | 18,5 | 25,0 | 151,0          | 1,76         | 3,098                                    | 2,729                          | 164,608                   | 6,032                | <b>55,3</b> | 34,00       | 42,00                 | 81,226   | 22,384  | 0,761 | 46,629       | 35,632   | 42,559   |
| 53     | 53  | <b>40,3</b>       | 18,5 | 25,0 | 93,2           | 1,52         | 2,310                                    | 2,055                          | 104,257                   | 5,073                | <b>45,4</b> | 34,00       | 42,00                 | 51,208   | 12,290  | 0,483 | 29,220       | 23,973   | 28,442   |
| 54     | 53  | <b>31,6</b>       | 18,5 | 25,0 | 85,0           | 1,64         | 2,690                                    | 1,881                          | 90,956                    | 4,836                | <b>45,2</b> | 34,00       | 42,00                 | 48,687   | 10,359  | 0,422 | 25,533       | 21,404   | 25,353   |
| 55     | 55  | <b>23,2</b>       | 18,5 | 25,0 | 65,4           | 1,68         | 2,822                                    | 1,573                          | 58,965                    | 3,749                | <b>41,6</b> | 34,00       | 42,00                 | 47,092   | 6,149   | 0,275 | 11,884       | 11,310   | 13,322   |
| 56     | 66  | <b>23,9</b>       | 18,5 | 25,0 | 53,7           | 1,50         | 2,250                                    | 1,412                          | 52,287                    | 3,703                | <b>38,0</b> | 34,00       | 42,00                 | 36,681   | 5,348   | 0,244 | 11,427       | 10,946   | 12,893   |