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ADDITIONAL MATERIALS

Silva Ochoa AD, Valdevila Figueira JA, Valdevila Santiesteban R, Estrella Almeida DJ, Valencia Erazo LM, Orellana Manzano AK. Drug abuse and serum nutritional biomarkers: A retrospective cohort study. Rev Esp Nutr Hum Diet. 2021; 25(2). doi: 10.14306/renhyd.25.2.1157 [ahead of print]

La Revista Española de Nutrición Humana y Dietética se esfuerza por mantener a un sistema de publicación continua, de modo que los artículos se publiquen antes de su formato final (antes de que el número al que pertenecen se haya cerrado y/o publicado). De este modo, intentamos poner los artículos a disposición de los lectores/usuarios lo antes posible.

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Table AM1. Reference ranges for blood tests.

AST	Men: <i>Normal: 8-48 U/L</i> <i>Low: less than 8 U/L</i> <i>High: more than 48 U/L</i> Women: <i>Normal: 8-43 U/L</i> <i>Low: less than 8 U/L</i> <i>High: more than 43 U/L</i>
ALT	Men: <i>Normal: 7-55 U/L</i> <i>Low: less than 7 U/L</i> <i>High: more than 55 U/L</i> Women: <i>Normal: 7-45 U/L</i> <i>Low: less than 7 U/L</i> <i>High: more than 45 U/L</i>
Glucose	<i>Normal: 70-99 mg/dL</i> <i>Low: less than 70 mg/dL</i> <i>High: more than 99 mg/dL</i>
Urea	<i>Normal: 6-20mg/dL</i> <i>Low: less than 6 mg/dL</i> <i>High: more than 20 mg/dL</i>
Creatinine	Men: <i>Normal: 0.7 a 1.3 mg/dL</i> <i>Low: less than 0.7 mg/dL</i> <i>High: more than 1.3 mg/dL</i> Women: <i>Normal: 0.6 a 1.1 mg/dL</i> <i>Low: less than 0.6 mg/dL</i> <i>High: more than 1.1 mg/dL</i>
Total cholesterol	<i>Normal: less than 200 mg/dL</i> <i>High: 240 mg/dL or more</i> <i>Low: There is no consensus about the current range for low total cholesterol levels</i>
HDL	<i>Low: less than 40 mg/dL</i> <i>Normal: more than 45 mg/dL</i> <i>High: There is no consensus about the current range for high HDL levels</i>
LDL	<i>Normal: less than 100 mg/dL</i> <i>High: 160 mg/dL or more</i> <i>Low: There is no consensus about the current range for low LDL levels</i>
Triglycerides	<i>Normal: less than 150 mg/dL</i>

	High: 200 mg/dL or more Low: There is no consensus about the current range for low triglyceride levels
Hemoglobin	Men: <i>Normal: 13.8 a 17.2 mg/dL</i> <i>Low: less than 13.8 mg/dL</i> <i>High: more than 17.2 mg/dL</i> Women: <i>Normal: 12.1 a 15.1 mg/dL</i> <i>Low: less than 12.1 mg/dL</i> <i>High: more than 15.1 mg/dL</i>